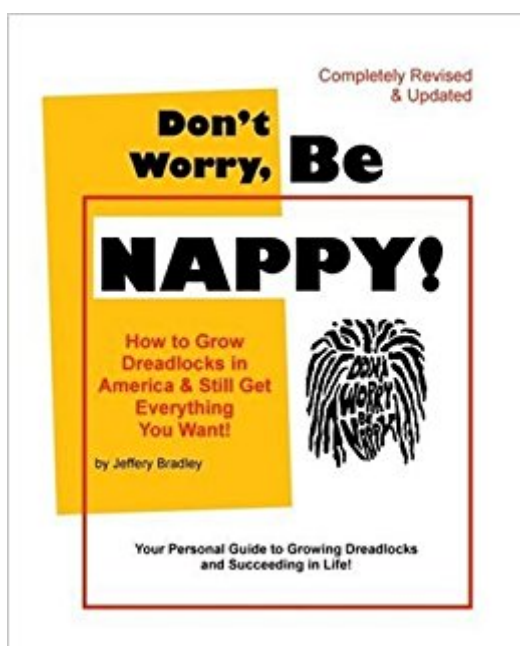


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# Don't Worry, Be NAPPY! : How To Grow Dreadlocks In America And Still Get Everything You Want



## Synopsis

This manual is both educational and instructive. A practical guide for maintaining and living with dreadlocks, a hairstyle that most in American society consider impractical. This book is full of good advice and even contains helpful diagrams. I am buying a copy for a friend!

## Book Information

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## Customer Reviews

"If you want to grow dreadlocks but don't know where to begin, then BUY THIS BOOK!" --

Emmanuel Gillispie

"If you want to grow dreadlocks but dont know where to begin, then BUY THIS

BOOK!" -- Emmanuel Gillispie, Owner of Reciprocity Poetry and Cultural Center

I thought about growing dreadlocks for years, this book has given me the encouragement to...create my crown! --

Suni Baker

I thought about growing dreadlocks for years, this book has given me the

encouragement to go ahead and create my crown! -- Suni Baker, Executive Secretary for Medical

Director

Mr. Bradley has captured the essence of growing dreadlocks and what it takes to keep them

for life! -- Nambi, Recording Artist and Backup Singer to Major Stars

According to a spokesperson for the publisher, Mr. Bradley's book is "a warm and human portrayal

of the joys and expected problems that crop up when someone decides to grow dreadlocks. Mr.

Bradley has done a fine job of telling us what it is like to walk out into the world everyday with

dreadlocks whats good about it and whats bad. Hes been growing dreadlocks and working

corporate jobs for 10 years. He knows his stuff. Everything from positive motivation to handling

finances for the future dreadlocked individual is covered in his new book.

I was disappointed in this book because I felt the author may have misled the reader with the title. The book is actually about his own personal experiences in life with his dreadlocks - It's more like an autobiography. It does have a little information about how to care for your locs as well as your physical and mental well-being, but it wasn't exhaustive by any means. There is so much more information about how to start and maintain locs and he didn't even scratch the surface. **BOTTOM LINE** - If you want to hear the life story of a man with locs and his personal revelations...buy this book. But if you want concrete information about starting, maintaining, and (basically) living with locs...DON'T buy this book.

This book had very little to say about how to grow dreadlocks and much more to say about everything else. The only part of the book that I found at all interesting was the chapter in which the author told his story about how he decided to grow his locks, and the comments that people on his job were making while he was going through his process. It was also interesting to read about someone who started his locks using the freeform method (do nothing to the hair but wash and go). However, as I read through the book, I became more and more irritated. Chapters such as "Dreadlocks and Finances", "Dreadlocks and Reading", and "Dreadlocks and Meditation" were useless to me. I'm paraphrasing on the chapter titles because I don't have the book any more, I threw it away. Those chapters did not have anything to do with dreadlocks. The author just gave his opinion on how you should live your life. I will listen to his opinion on dreadlocks, but the other stuff was too much. Additionally, there are numerous typographical and editing errors. The illustrations look amateurish to me (and many actually imitate photos from the "Dreads" photo book). The typesetting of the book does not look neat. If you want to actually learn about locking your hair, I recommend "No Lye" by Tulani Kinard and "Lets Talk Hair" by Pamela Ferrell. These books only have one chapter each on locking the hair, but each is much more informative about the process.

If you want a simple, practical guide to help you achieve your goals of growing dreadlocks then you must pick up and read Jeffery Bradley's "Don't Worry, Be NAPPY!". Mr. Bradley helps you understand that true Dreadlocks are a way of life. This book is about growing dreadlocks for a lifetime, not FASHION where you "twist" them one weekend and take them down the next! He gives great examples of how he grew dreadlocks the all natural way from having absolutely no hair to locks down to his waist. The best part is how he shares his experiences of overcoming problems on the job, finding better jobs, family problems, and creating a business. There are no pictures and very few illustrations because the truth of the matter is that dreadlocks are natural. Everyone hair is

different and requires a different approach. The bottom line is, you must know your hair. I've save a lot of money and time because now I truly understand the essence of growing dreadlocks. It's not a fad, fashion, or selfish act. It's a way of life...a wonderful way of life. If you are looking for a book full of stock photo's of people with dreadlocks, this book is not for you. If you are looking for a book that will show you how to grow dreadlocks and live a properous life with them and deal with society, then BUY this book!

This book was more of a motivational speech than an actual hair guide on dreadlocks. There might have been one paragraph on actually locking your hair while the rest of the book is spent on the author's life and how he overcame the stares and looks to get a job he liked. There is also a section on being more educated on african culture, such as going to multicultural events and participating in black history month and kwanza. I already do these things so the last thing I need is someone telling me to do this just because I want dreadlocks. This book just wasn't worth it.

Some of the negative comments here are complaining about the lack of a "how to grow" in this book. No where does this book state that it is a HOW TO GROW dreads. This is a survivors guide. Sadly, we live in a society where we are judged by our appearance. If one has dreads people assume one smokes pot. People assume one is into alternative lifestyles. This book will help you survive and overcome those bigotries. This book is a good one for anyone doing anything left of center and being judged by society for it.

This book was not at all helpful! It was more stuff about the writer than dreadlocks. If he really has everything that he wants then why haven't we heard of this person! This is a book on how one person can talk about himself, there is very little help in this book and it is filled with errors. I suggest before anyone else purchase this book the aurther make some big changes!

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